

Practice/ Activity

MORAL - Empathy

Engage in a guided class discussion to answer these questions and have students respond to questions with body or facial expressions:

- When I feel (scared, happy, worried) my body looks like this...
- When I feel (scared, happy, worried) my face looks like this...

To teach an empathic perspective, have students recognize how someone else may be feeling.

- How do you know someone might be feeling (scared, worried, nervous)?
- What would their face look like?
- What would their body look like?