

# Practice/

# Activity

## **PERFORMANCE - Creativity**

Have students draw a circle, and divide it into 4 equal parts, like a pie! Title the image “My Circle of Choices.” In each of the sections, have students write down actions they could take when faced with a challenge.

Some examples might be: Ask for help. Try it another way. Take a break and come back to it.

Students can use their “Circle of Choices” to remind them of strategies to help them when faced with a challenge.